

Pre-Institute Session, Monday, August 28, 2017, 8:00 am-5:00 pm

High-level Overview of the Early Head Start/Head Start Program Performance Standards Salon B/C, Marriott, Ballroom Level

There are new Head Start Program Performance Standards (HSPPS) with pages of guidelines that programs need to follow to implement (or prepare to implement) to stay in compliance. When you balance that with the multiple references to the Head Start Act from 2007, it can be a process. We are here to help! During this 1-day intense overview, we will explore the new standards. We will pay special attention to the areas of:

- Structure change (1301-1311 is not 1301-1305 and everything is moved around)
- Implementation timelines (from November 7, 2016, out to August 1, 2021)
- Service duration (annual hours of services, 50% implementation to 100% implementation)
- Impasse processes (to help governing board and policy councils in decision making)
- Effective management initiatives (reducing bureaucratic burden)

And we will highlight the continued areas of the following: Boards and policy council involvement, Serving children with disabilities, Classroom structures, Designation renewal, ERSEA, Facilities, Grants administrative guidelines, And more! It promises to be a power-packed day.

Learning Objectives:

1. Review the new HSPPS.
2. Discuss how new sections of the HSPPS impacts programs.
3. Explore finding your own answers in the requirements

Maile Pa'alani, C.P.A., Senior Manager, Wipfli LLP, Madison, WI

Pre-Institute Sessions, Monday, August 28, 2017, 9:00 am-4:00 pm

Using Powerful Interactions among Adults to Promote Children's Learning and Success Ouachita, Marriott, Level 1

This session will be beneficial for coaches, supervisors, site directors, and agency administrators—anyone who works with teaching staff to improve their practice. Participants will leave with the following knowledge and skills: Strategies for using Powerful Interactions with adults to foster rich professional conversations; A deeper understanding of the five principles of a Powerful Interactions Stance; Specific ideas for how to apply strategies for each of the three steps of Powerful Interactions to individualize coaching with adults; and Insights about how the ripple effects of interactions can shape childhood settings. **Target Audience:** Management

Diana Courson, M.Ed., B.S.E., Certified Strengths-Based Coaching Trainer, Assoc. Director, A-State Childhood Services, Magnolia, AR
Jill Gunderman, B.A. and C.D.A., Program Coordinator, A-State Childhood Services, Fayetteville, AR
Nichole Parks, BPS-ECE, Bachelors of Professional Studies: Early Childhood Education, Program Coordinator for Better Beginnings, A-State Childhood Services, Little Rock, AR

Monitoring, Self-Assessment and Preparing for your Five-Year Grant Renewal Neosho, Marriott, Level 1

As some Head Start programs begin to approach their final 1-2 years of the five-year grant projects, this session will help program directors and leadership plan and prepare for their five-year grant re-submissions. The first part of the session will focus on important elements of monitoring and self-assessment in advance of these conversations; the second part of the training will outline key strategies around program planning, matching data and metrics to stated goals, and developing a vision for the next five years. (Note: This session will focus on noncompetitive five-year grant submissions for existing grantees). **Target Audience:** Management
Session Content Specific to: Birth to 3*3-5 years

Sara Agostinho, Master's Degree in Educational And Development Psychology, Bachelor's Degree in Human Development and Philosophy, Director of Program Design and Management, Shine Early Learning, New York, NY

Cristy DeLorenzo, Master's Degree in Organizational Change Management, Bachelor's Degree, Senior Program Director of Program Design and Management, Shine Early Learning, New York, NY

W.I.S.E. - We Inspire Smart Eating

Grampas, Marriott, Level 2

The WISE training will prepare teachers to:

- Know the importance of children eating healthy foods for growing and learning.
- Understand how educators can positively promote healthy mealtime habits for children.
- Integrate food experiences with math, science and literacy domains.
- Lead food experiences that introduce healthy foods to children successfully and promote fruit and vegetable consumption.
- Use the WISE research-based curriculum to help children develop healthy eating habits.

* Participants of this session may purchase the WISE Curriculum Kit to execute WISE lessons in their classroom for a discounted price of \$179 (\$229 retail). *You must attend the training to order the discounted kit.* Email alecia@thefamilymap.org to purchase OR phone [501-607-1802](tel:501-607-1802). **Target Audience:** Teachers/Caregivers, Management/Directors, **Session Content Specific to:** 3-5 years

Danya Johnson, B.A., Research Associate, UAMS, Little Rock, AR

Pre-Institute Session, Monday, August 28, 2017, 1:00 pm-4:00 pm

Getting (and Keeping) Good Men Optimally Engaged

Fulton, Statehouse Convention Center, Lower Level

Re-energize yourself, and your colleagues, to engage more men, more often. Clarify how you currently view men, review best practices in male involvement, and weave father engagement more meaningfully into the OHS PFCE Framework-for the benefit of children's enhanced cognitive, social and emotional development. **Target Audience:** Teachers/Caregivers*Parents*Family Advocate

Patrick Mitchell, Down to Earth Dad, Coeur d'Alene, ID

Breakout Sessions, Tuesday, August 29, 2017, 8:30 am-10:00 am

Substance Abuse, The Family and the Early Childhood Provider (Continued at 10:30 am)

Ouachita, Marriott, Level 1

A review of substance abuse (alcohol and drugs), addiction, and its impact on children and their families. This session will help attendees to have a better understanding of addiction and provide insights into working with families and young children who have been impacted by substance abuse. **Target Audience:** Teachers/Caregivers*Parents*Management*Family Advocate, **Session Content Specific to:** Pregnant Women/ Expectant Families*Birth to 3*3-5 years

Carol Amundson Lee, M.A., National Certified Counselor, Licensed Professional Counselor, Advanced Alcohol and Drug Counselor Mental Health/Disabilities Manager, Save the Children WAR, Russellville, AR

New HSPPS: Family Engagement and School Readiness (Continued at 10:30 am)

Neosho, Marriott, Level 1

Last fall, the Department of Health and Human Services made the first holistic revision and complete reorganization of the Head Start Program Performance Standards since they were published in 1975. The shift in emphasis in Family Engagement means that everyone now has responsibility for its success. Learn what the new standards mean for you, your staff and your families!

Target Audience: Teachers/Caregivers*Management, **Session Content Specific to:** Birth to 3*3-5 years

Julie Weatherington, Master's of Human Service Administration and Leadership; Master's Certification in Preschool Education Training Coordinator and Consultant, Foundations for Families, Great Falls, VA

Effective Parental Involvement: Dolly Parton's Imagination Library

Grampas, Marriott, Level 2

This session will equip preschool stakeholders with relevant information that will assist in building an effective preschool parental involvement program through Dolly Parton's Imagination Library, a program that provides free books to children under the age of 5.

Pam Toler, M.S.W., Regional Coordinator, A-State Childhood Services; Imagination Library, Little Rock, AR

Parenting Style and Achievement Gaps

Chicot, Marriott, Level 2

This presentation focuses on the correlation between parenting styles and student achievement. The presentation discusses the three major parenting styles and their implications on academic achievement. The speaker also talks about the possible correlation between parenting styles and the African American achievement gap, offering educators solutions to address an education issue that negatively impacts everyone. Educators will find the information useful in implementing effective parental involvement programs and promoting positive teacher and parent relationships. The session is designed to promote a dialogue on parenting techniques and to foster a discussion of the effect parenting has on student achievement. **Target Audience:** Teachers/Caregivers* Parents*Family Advocate, **Session Content Specific to:** Pregnant Women/ Expectant Families*Birth to 3*3-5 years

Charlotte Green, Ed.D. (Education Leadership), M.S.E. (Gifted Education), B.S.E. (Elementary Education), Assistant Professor, College of Education, Department of Teaching and Learning, University of Central Arkansas, Conway, AR

Results and Best Practice from a Childhood Obesity Prevention Program with Head Start Children

Hoffman, Marriott, Ballroom Level

Head Start Centers can be leaders in obesity prevention interventions including menu changes, nutrition and health education, and daily exercise. This presentation will discuss results from a childhood obesity prevention project that took place in Head Start Centers in Mississippi and Louisiana. Among 681 children, interventions significantly improved weight and waist circumference measures in one year. Continuing and expanding this model has much promise to improve obesity status of young children.

Target Audience: Teachers/Caregivers*Management, **Session Content Specific to:** 3-5 years

Michelle Lombardo, D.C., President, The OrganWise Guys, Inc., Suwanee, GA

Take a deep breath! Then what? Calming yourself to calm children

Manning, Marriott, Ballroom Level

This session will make the connection between adult mindfulness and supporting young children's social-emotional development/mental health. We will look at research on mindfulness and education and learn informal activities to practice mindfulness as well as try a brief guided meditation. **Target Audience:** Teachers/Caregivers*Parents, **Session Content Specific to:** Pregnant Women/Expectant Families*Birth to 3*3-5 years

Teri Patrick, M.Ed. E.C.S.E., Research Associate, University of Arkansas for Medical Sciences, Little Rock, AR

Betsy Johnson, M.S.W., L.C.S.W., Life Coach certified by Guiding Mindful Change, Consultant Supervisor, Project PLAY, University of Arkansas for Medical Sciences (UAMS), Little Rock, AR

Caring Conversations Cafe

Petit Jean, Marriott, Level 3

Zero to Three has crafted a tool, Caring Conversations Cafes, that uses guided conversations on specific topics relevant to families and caregivers that promote strong families, foster healthy relationships between families and child care providers, and emphasize the importance of culture. Visit our interactive session to experience a Caring Conversations Cafe and learn how they can be implemented in your program! **Target Audience:** Teachers/Caregivers*Parents*Management*Family Advocate, **Session Content Specific to:** Pregnant Women/ Expectant Families*Birth to 3*3-5 years

Jamie Ward, M.S. - Reading, B.S. - Early Education, Owner, Curricula Concepts, Inc., Conway, AR

Parent Engagement with A Twist

Lafayette, Marriott, Ballroom Level

The Encouraging Parent Engagement Curriculum is a fast paced hands on workshop designed to facilitate a true understanding of why engagement is important and how to capitalize on every aspect of engagement with your program. The training will assist participants in understanding the strategies necessary to tie mission, marketing, and movements to the organizations bottom line. **Target Audience:** Parents*Management*Family Advocate, **Session Content Specific to:** Birth to 3*3-5 years

Julian Walker, B.A. in Physiology Family Development Credential Trainer, Parent Engagement Expert, EPEC, Pearland, TX

Improve Teaching with the CLASS Methodology: Use of the myTeachstone system

Pope, Statehouse Convention Center, Lower Level

In this session, participants will learn about the myTeachstone system and the CLASS methodology for improving teaching quality so that children achieve more and are better prepared for Kindergarten. The CLASS methodology, along with use of the myTeachstone system, was designed to address the new Head Start Performance Standards (1302.92) to provide coaching and research-based professional development to teachers. **Target Audience:** Management, **Session Content Specific to:** Birth to 3*3-5 Years

Sedra Spano, M.Ed. in Educational Psychology; PK CLASS trainer, Regional Director, Teachstone, Charlottesville, VA

Heather Pillman, M.A. Ed., M.S. Ed., Regional Director, Teachstone, Charlottesville, VA

Prevention and Reducing Suspensions and Expulsions – An Arkansas Story

(Continued at 10:30 am)

Izard, Statehouse Convention Center, Lower Level

This session will describe the problem of suspension and expulsion in early care and education settings. Participants will learn key strategies to support ALL children in the classroom, including those with challenging behaviors, resources available, as well as become familiar with ongoing efforts in Arkansas to address the problem. **Target Audience:** Teachers/Caregivers*Parents*Management*Family Advocate, **Session Content Specific to:** Birth to 3*3-5 years

Arlene Rose, B.A., Asst. Director, Division of Child Care and Early Childhood Education, Little Rock, AR

Nicola Edge, Ph.D., Associate Professor, University of Arkansas for Medical Sciences (UAMS), Little Rock, AR

We All Have Holes: Acknowledging and Understanding Our Own Traumas to be Better Educators (Continued at 10:30 am)

Miller, Statehouse Convention Center, Lower Level

This session will explore the ACES (Adverse Childhood Experiences Study) and provide attendees with a chance to explore how their childhood has impacted the choices they make today. Through honest and open descriptions of traumatic experiences and how that has impacted his life, James Heritage will attempt to reduce the stigma associated with these events, their long term impacts, and

the mental health issues that can arise from them. Once those barriers have been broken down, we can start acknowledging how these events impact the children we serve and how we can become better educators by acknowledging the traumatic events occurring in their lives. **Target Audience:** Teachers/Caregivers*Parents*Management*Family Advocate, **Session Content Specific to:** Pregnant Women/ Expectant Families*Birth to 3*3-5 years

James Heritage, C.O.O., Little Bitty City Therapeutic Services, Hot Springs, AR

Leadership Coaching: Building Your One Team

Fulton, Statehouse Convention Center, Lower Level

Leaders will participate in an authentic interaction emphasizing sustainable principles of One Team; Trust, Assisting, Respect, Responsibility, Resolve, Communication, and Effort. Leadership will learn how to energize employees, impact moral, improve workplace/customer satisfaction, enhance engagement, encourage communication and increase productivity. Leaders will learn the value of building a high performing team.

Sidney Moncrief, Managing Partner, Moncrief One Team, Addison, TX

Takisha Moncrief, Senior Partner, Moncrief One Team, Addison, TX

Breakout Sessions, Tuesday, August 29, 2017, 10:30 am-12:00 pm

Substance Abuse, The Family and the Early Childhood Provider (Continued from 8:30 am)

Ouachita, Marriott, Level 1

Carol Amundson Lee, M.A., National Certified Counselor, Licensed Professional Counselor, Advanced Alcohol and Drug Counselor, Mental Health/Disabilities Manager, Save the Children WAR, Russellville, AR

New HSPPS: Family Engagement and School Readiness (Continued from 8:30 am)

Neosho, Marriott, Level 1

Julie Weatherington, Master's of Human Service Administration and Leadership; Master's Certification in Preschool Education Training Coordinator and Consultant, Foundations for Families, Great Falls, VA

Family Partnership Agreements: Engaging Families in Successful Outcome Planning

Grampas, Marriott, Level 2

The new regulations (1302.52 – Family Partnership Services) continue to emphasize the importance of helping families set goals and supporting them in the achievement of these goals. This session will provide tips on relationship building, helping families identify goals, and ideas on how to guide families to develop realistic action plans to achieve positive outcomes. We will discuss the Family Service Worker's role in identifying resources to support families in this process. Participants will understand the necessity of viewing the Family Partnership Agreement as a living document that requires regular review and revision as families make the journey to self-sufficiency. **Target Audience:** Management*Family Advocate, **Session Content Specific to:** Pregnant Women/ Expectant Families*Birth to 3*3-5 years

Jean Foster Paulsel, Ph.D. in Family Studies, emphasis in Early Childhood; Certified Family Life Educator, Education Consultant, Paulsel Consulting Services, Weatherford, TX

Ranelle Livingston, M.Ed. in Early Childhood Education, Education Consultant, The Resource Team, Fort Worth, TX

What's New With ERSEA?

Chicot, Marriott, Level 2

The success of an EHS/HS program relies heavily on the strength of its Eligibility, Recruitment, Selection, Enrollment, and Attendance (ERSEA) process. The speaker will give an overview of ERSEA, explain how ERSEA overlaps with other content areas, and give

resources and tips that will aid in strengthening the ERSEA processes of attendees. **Target Audience:** Management*Family Advocate, **Session Content Specific to:** Pregnant Women/ Expectant Families*Birth to 3*3-5 years

Tywannia Thompson, B.A.- Psychology, Masters- Public Administration, Senior ERSEA Coordinator, BakerRipley, formerly Neighborhood Centers Inc., Houston, TX

A View from the Swing Sets: Play in the lives of children, Outdoor Play Spaces, Designs Structure and Application

Hoffman, Marriott, Ballroom Level

This presentation is a joint presentation that shares perspectives and views related to the importance of play in the lives of children from the observational, direct experiential, theoretical and practical points of view from the ground up. Play is critical to the physical well-being of children beginning in early childhood. We know that play supports the developmental domains related to social, emotional, cognitive, and linguistic development not to mention positive values. Play is the natural mode for children to develop their abilities to cooperate, overcome challenges, to negotiate with other children. Play “speaks to children’s creativity”. Play can provide special time for parents to be playfully engaged with their children! Play builds resiliency! “Come on Let’s Play!” **Target Audience:** Teachers/Caregivers*Parents, **Session Content Specific to:** Birth to 3*3-5 years

William H Strader, Ed.D., Early Childhood Education, M.Ed. Early Childhood Education, B.A. Developmental Psychology, Teacher Certifications Teacher, Early Childhood, M.A., R.I., N.J., Coordinator, New England Symposium on Play, Shelburne Falls, Massachusetts

David Reeves, Undergraduate studies were in Visual Communications and Marketing, Marketing Director, Grounds for Play, Carrollton, GA

Man in the Mirror

Manning, Marriott, Ballroom Level

A deep look into Michael Jackson's song "The Man In The Mirror and the images that shape our lives. We are often told by our peers, friends, and family that we are a direct reflection of our parents. The research is clear that when a father is present in their child/children's lives, they do better in their child care programs and/or school. What can we do to get more fathers involved in their child's education and life? Being that man in the mirror, I want my child to see me as that reflection in the mirror when he/she become an adult. So I need to be there and be the best role model for him/her that I can possibly be. This session will focus on strategies to enhance and assist fathers with ways to be a great father to their child. Let's start by just being there.

Dedric Davis, Physical Activity Coordinator, Mississippi County Arkansas EOC, Blytheville, AR

Ivory Daniels, Arkansas Department of Human Services-Division of Child Care and Early Childhood Education, Little Rock, AR

Understanding a Child's Temperament

Petit Jean, Marriott, Level 3

Understanding temperament helps people understand the "how" of children's behavior and the best way to respond. Using a variety of methods, the presenter will focus on the nine different temperament traits, effects of common temperament traits on learning, and temperament triggers for tantrums and ways to prevent these triggers. Participants will leave with an increased knowledge of how temperament affects various aspects of a child's life and a list of resources on temperament.

Target Audience: Teachers/Caregivers*Parents*Management*Family Advocate, **Session Content Specific to:** Pregnant Women/ Expectant Families*Birth to 3*3-5 years

Jessica Lewis, M.Ed., Trainer / Technical Assistance Specialist, UAMS - TIPS For Great Kids, Little Rock, AR

Understanding and Managing Misbehavior

Lafayette, Marriott, Ballroom Level

This session will take a closer look at the reasons children misbehave and strategies to manage these behaviors

Target Audience: Teachers/Caregivers*Parents*Management*Family Advocate, **Session Content Specific to:** Birth to 3*3-5 years

Ryan Jones, L.P.C., Mental Health Therapist, Little Bitty City, Hot Springs, AR

Angela Moses, L.C.S.W., Little Bitty City, Hot Springs, AR

Rachel Huddleston, O.T., Little Bitty City, Hot Springs, AR

Strengthening Families through Two Generations Approaches

Pope, Statehouse Convention Center, Lower Level

Mississippi County is piloting a seamless two-generation strategy to reduce poverty by providing comprehensive wrap around services such as workforce, childcare, training, and parenting classes for parents with children 0-8 years of age. The two-generation strategy will ensure that parents are on a path to family economic success, children are on a path to school success, and that families are strong and resilient. Two-Generation approaches intentionally link, coordinate, and align high-quality services for children with high quality services and supports for their parents.

Shirley Pulliam, M.S.E., B.S., Program Director, Early Childhood Education Department, Mississippi County, AR EOC, Blytheville, AR

Alisha Williams, M.A. in Teaching, M.P.A., B.S. in Agribusiness, Program Operation Specialist, Early Childhood Education Department, Mississippi County, AR EOC, Blytheville, AR

Prevention and Reducing Suspensions and Expulsions – An Arkansas Story

(Continued from 8:30 am)

Izard, Statehouse Convention Center, Lower Level

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Nicola Edge, Ph.D., Associate Professor, University of Arkansas for Medical Sciences (UAMS), Little Rock, AR

We All Have Holes: Acknowledging and Understanding Our Own Traumas to be Better Educators (Continued from 8:30 am)

Miller, Statehouse Convention Center, Lower Level

James Heritage, C.O.O., Little Bitty City Therapeutic Services, Hot Springs, AR

Quilting for Successful Collaboration

Fulton Room-Statehouse Convention Center, Lower Level

Collaboration is about putting all the pieces together to produce or create something. Collaboration and partnerships are closely related to “quilting”; you want to ensure that each patch work/partner is where it/they need to be.

This session will focus on seven steps to effective collaboration. HSSCO directors will share the benefits and opportunities available for Early Head Start-Child Care Partnerships. Participants will also have an opportunity to share their needs and the assistance they would like to receive from the HSSCO Offices. **Each participant will receive an adult quilt, a collaboration toolkit, and access to some great door prizes for attending.** **Target Audience:** EHS/CC Management and Coordinators

Session Content Specific to: Birth to 3

Jacqueline Govan, Ed.S. in Educational Leadership, M.S.E. in Educ. Admin., B.S.E. in Elementary/Special Educ. Director, AR Head Start Association/Head Start State Collaboration Office, Little Rock, AR

Kahree Wahid, M.Ed. Education, Ancillary Certification Counseling and Parenting, Director, LA Head Start State Collaboration Office, Baton Rouge, LA

Kay Floyd, Director, OK Head Start State Collaboration Office, Edmond, OK

Alferma Giles, Ph.D. & M.S. in Education Administration, B.S. in Child Development, Director, TX Head Start State Collaboration Office, Houston, TX

Katrina Montano-White, Director, NM Head Start State Collaboration Office, Santa Fe, NM

Breakout Sessions, Tuesday, August 29, 2017, 1:30 pm-3:00 pm

Adverse Childhood Experiences, Resiliency and Why it Matters

Ouachita, Marriott, Level 1

This session will explore the impact of Adverse Childhood Experiences (ACEs) on the brain development of pre-k children as well as the potential of long term health consequences if left unaddressed. The session will also examine the promotion of resiliency in children and how it can be used to counteract the effect of ACEs. The presentation will be useful to teachers, parents and to anyone who seeks to help young children overcome early adversity. It will also shed some light on potential health issues that each of us may face as adults from adverse experiences from our own childhood. **Target Audience:** Teachers/Caregivers*Parents*Management*Family Advocate, **Session Content Specific to:** Pregnant Women/ Expectant Families*Birth to 3*3-5 years

Michael Lanier, M.B.A., M.S., and B.S., Executive Director, EOA of Washington County, AR, Springdale, AR

Addressing Equity: Enhancing and Exploring the Community Assessment

Neosho, Marriott, Level 1

Issues of equity plague early childhood education and families in poverty. Equity means that different people have different experiences and may get different results based on race, neighborhood, national origin, language, and economic status. We are now learning that focused approaches to exploring and addressing equity are necessary. Head start programs are in a unique position to address equity issues and we will explore using the Community Assessment as one way to do that. **Target Audience:** Management, **Session Content Specific to:** Pregnant Women/ Expectant Families*Birth to 3*3-5 years

Julie Weatherington, Master's of Human Service Administration and Leadership; Master's Certification in Preschool Education, Training Coordinator and Consultant, Foundations for Families, Great Falls, VA

What our Children Know about Drugs and We Don't

Grampas, Marriott, Level 2

There are many negative substance abuse trends in the United States. This session will review various drugs of abuse kids "toy" with. **Target Audience:** Teachers/Caregivers*Parents*Management*Family Advocate, **Session Content Specific to:** Pregnant Women/ Expectant Families

Hayse Miller, B.S.E. and Certified Prevention Consultant, Prevention Consultant, Family Service Agency, North Little Rock, AR

Strategies for Active Supervision in: Transitioning, Classrooms, Playgrounds, FCC Settings and Transportation

Chicot, Marriott, Level 2

Per the Office of Head Start (OHS), there has been an increase in supervision citations over several years, 149 citations to be exact (not to mention the ones that have not been reported to the OHS). This presentation is for program management and teaching staff to ascertain their current active supervision practices and gain insight on how to have effective practices based on the six strategies of Active Supervision during transitioning, in the classrooms, playgrounds, settings, FCC settings and transportation services. Grantees across the regions have struggled with active supervision in the classrooms, bathrooms that are located out of the center-based classrooms, and playgrounds and buses. Effective strategies for transitioning's will be discussed: such as developing zoning charts and maps, and developing transition plans. **Target Audience:** Teachers/Caregivers*Parents*Management*Family Advocate, **Session Content Specific to:** Birth to 3*3-5 years

Freda M. Carter, M.S., HS/EHS Consultant, Back 2 Basics Educational Consultant Services, Madison, NC

Hunger in Childcare: The Elephant at the Table

Hoffman, Marriott, Ballroom Level

Access to enough healthy food is critical for optimal development for children and for health for adults. This session will present research conducted in Region VI with Head Start and state-funded childcare providers on the experience of food insecurity among early childhood educators, their concerns about hunger for children in their classroom, and their strategies for addressing hunger with the children and families they serve. Focus will be on implementation of best practice for mealtime feeding and nutrition promotion in light of hunger issues. **Target Audience:** Teachers/Caregivers*Management*Family Advocate, **Session Content Specific to:** Birth to 3*3-5 years

Taren Swindle, Ph.D., Assistant Professor, University of Arkansas for Medical Sciences, Little Rock, AR

Developing an Effective Advocacy Campaign

Manning, Marriott, Ballroom Level

This session is designed to convey the essential elements and strategies to waging an effective advocacy campaign. Participants will, as a result of attending this session be able to conduct their own grassroots advocacy campaign. If you are a seasoned expert or a beginning advocate this session will provide helpful insight to making your campaign more effective.

Target Audience: Teachers/Caregivers*Parents*Management*Family Advocate, **Session Content Specific to:** 3-5 years

Kahree Wahid, M.Ed., Education, Counseling and Parenting, Consultant, Wahid Consulting, LeCompte, LA

Nurturing Staff to Nurture Children

Petit Jean, Marriott, Level 3

This workshop provides techniques and strategies to enhance Director/Teacher relationships, increase positive communication, problem solving, and teamwork. Lastly, this workshop will help you learn how to access staff's needs and feelings.

Target Audience: Management

Rapheal J Peeples, M.A., B.S.W., Interventionist, UAMS, Little Rock, AR

Family Engagement

Lafayette, Marriott, Ballroom Level

The Family Engagement Initiative was established to extend public knowledge of best practices concerning children's development, including social and emotional development, early childhood development, and meaningful parent and family engagement.

Target Audience: Parents*Family Advocate, **Session Content Specific to:** Birth to 3*3-5 years

Kareba Tate, Bachelors in Journalism/Communication, CCDF Program Manager, Department of Human Services/ Division of Child Care and Early Childhood Education, Little Rock, AR

Supporting Children and Families Through Anti-Bias Education

Pope, Statehouse Convention Center, Lower Level

Bias begins at an early age and if not addressed can continue for a life-time. This interactive session will provide teachers an opportunity to understand how to support children and families using the anti-bias educational vision and principles.

Target Audience: Teachers/Caregivers*Parents*Management*Family Advocate, **Session Content Specific to:** Birth to 3*3-5 years

Steven Erwin, B.A. Child Development, National Early Childhood Specialist, Kaplan Early learning Company, Chico, CA

Mental Health Services and Supports for Young Children: What Directors and Teachers Need to Know

Izard, Statehouse Convention Center, Lower Level

This session is designed to address common questions that directors, teachers and parents often have about mental health services and supports for young children and their caregivers. We will cover topics including: how to know when a child needs mental health services, key principles of mental health treatment for young children and their parents and other caregivers, the main elements of evidence-based treatments, how to find a trained mental health treatment provider, how to get the most out of mental health consultation and more. **Target Audience:** Teachers/Caregivers*Management*Family Advocate, **Session Content Specific to:** Birth to 3*3-5 years

Nicola Edge, Ph.D., Associate Professor, University of Arkansas for Medical Sciences, Little Rock, AR

New Technologies and Strategies for Successful Hearing and Screening

Miller, Statehouse Convention Center, Lower Level

This session will provide evidence, background, and justification for early childhood screening. It will include an overview of OAE screening, benefits and limitations, a review of the anatomy as it relates to OAEs, successful hands-on techniques for screening young children, troubleshooting strategies, best practices and recommended protocols for screening children birth to five. Rescreening and follow-up practices will also be discussed as well as an overview of the Madsen Alpha OAE screener and the Path Sentiero OAE and Pure Tone screener as updated technology for achieving successful outcomes. **Target Audience:** Management*Health Coordinators/Screening Staff, **Session Content Specific to:** Birth to 3*3-5 years

Randi Winston, Au.D., C.C.C.-A., F.A.A.A. (Doctorate in Clinical Audiology), Audiologist, Otometrics/Audiology Systems, Inc., Schaumburg, IL

Childhood Trauma-Regulating Emotions

Fulton, Statehouse Convention Center, Lower Level

Childhood Trauma, stress, foster care involvement, poverty, and many other issues make controlling emotions for children extremely difficult. Their bodies remember the trauma, but their minds do not. **Target Audience:** Teachers/Caregivers*Parents*Management*Family Advocate, **Session Content Specific to:** Pregnant Women/ Expectant Families* Birth to 3 *3-5 years

Sky Collins, L.M.S.W., T.F.-C.B.T. Certification, Owner, Collins Family Services, PLLC, Searcy, AR

Tuesday, August 29, 2017, 3:30 pm-5:00 pm

The Early Childhood Classroom: Your Everyday STEAM lab

Salon B/C, Marriott, Ballroom Level

Discover the STEAM learning opportunities in your classroom! Using recycled material, cardboard and other simple items you have in your classroom, we will combine imaginative exploration with hands-on problem solving. As we twist, bend, tear, cut and decorate, real-world STEAM experiences are brought to life for all participants. Small groups will collaborate in the creation of simple machines, design cause and effect experiments, and build one-of-a-kind constructions. Prepare for fun as our creations spark STEAM learning through play! What Your Staff will Learn: Participants will correlate STEAM integrations with a hands on project. Participants will use the engineering design process to plan, create, test, and ask during their project.

Kevin Carnes, President, Lakeshore Learning Materials, Carson, CA

Breakout Sessions, Wednesday, August 30, 2017, 8:00 am-9:30 am

Finding Funding for Quality Enhancements

Ouachita, Marriott Level 1

Everyone knows that grants are "out there", but how do you do find funding opportunities? How do you apply for and get funding? Whether we are talking about large Federal grants, state funding, or private and foundation funding, grant writing is a skill that can be acquired. This session will discuss ways to find funding opportunities and the key elements to writing a successful proposal.

Target Audience: Management, **Session Content Specific to:** Birth to 3*3-5 years

Ranelle Livingston, M.Ed. in Early Childhood Education, Education Consultant, The Resource Team, Fort Worth, TX

Jean Foster Paulsel, Ph.D. in Family Studies, emphasis in Early Childhood, Education Consultant, Paulsel Consulting Services, Weatherford, TX

Data Management with ChildPlus

Neosho, Marriott, Level 1

In this session you will learn how to collect data and use reports, setup email notifications, improve data tracking for attendance, track staff time, and improve your policies and procedures. **Target Audience:** Management*Family Advocate, **Session Content Specific to:** Birth to 3*3-5 years

Gary Vernon, Account Executive, ChildPlus Software, Atlanta, GA

Defeating Poverty Through Positive Brain Development

Grampas, Marriott, Level 2

Money does not make a difference in brain development, however, experience does. Children from lower socioeconomic status have greater chances to be exposed to poorer physical environments, to have less individual attention, and poorer nutrition. Early childhood educators play a pivotal role as a buffer to children who live in poverty, and especially to those under toxic stress. Educators are on the frontline to foster healthy brain development in the early years. During this session, you will learn the 5 R's of Healthy Brain Development and why it is important for caregivers to know how the brain functions.

Target Audience: Teachers/Caregivers, **Session Content Specific to:** Pregnant Women/ Expectant Families*Birth to 3

Robin Jones M.S., B.S.E., Training Advisor, University of Arkansas Early Care and Education Projects, Fayetteville, AR

Sara Miller, E.D., M.S., B.S.E., B.S., University of Arkansas Early Care and Education Projects, Fayetteville, AR

Critical Issues that Affect Our Young Children

Chicot, Marriott, Level 2

Harmful and hurtful things happen to our children and most can be avoided!!! The session will discuss ways to support and keep our children safe and healthy. **Target Audience:** Teachers/Caregivers*Parents*Family Advocate, **Session Content Specific to:** Pregnant Women/ Expectant Families*Birth to 3*3-5 years

Donna Alliston, M.S.E., B.S.E., PITC Certificates, Modules I, II, III, IV, Child Care Aware of North West Arkansas, Springdale, AR

Relationships + Routines + Play = Infant-Toddler Teaching (Continued at 2:30 pm)

Hoffman, Marriott, Ballroom Level

Participants will explore how providing nurturing relationships supports social-emotional development and infant mental health and is in fact, teaching. We will review using knowledge of the individual child and stages of development to determine what to teach and practice embedding teaching objectives within nurturing, play, and personal care routines. **Target Audience:**

Teachers/Caregivers, **Session Content Specific to:** Birth to 3

Teri Patrick, M.Ed. ECSE, Research Associate, University of Arkansas for Medical Sciences, Little Rock, AR

Positive Partnerships

Manning, Marriott, Ballroom Level

This training provides information about how positive partnerships lay the solid foundation for a child's early learning experiences. Partnering with families allows the parent, who is the expert on the child, and the teacher, who has the early childhood knowledge and resources, to work together for the best interest of the child. This session will include family engagement, creating opportunities for conversations, family and staff perspectives, strengths-based partnership, celebrating success, goal-oriented partnering as well as culture appreciation and differences. **Target Audience:** Teachers/Caregivers*Management*Family Advocate, **Session Content Specific to:** Birth to 3*3-5 years

Michelle Trulsrud, Trainer, UAMS - TIPS For Great Kids, Little Rock, AR

Connecting Children to Nature (Continued at 2:30 pm)

Petit Jean, Marriott, Level 3

Early childhood educators should provide ample opportunities for children to experience the range of emotions that are associated with nature and play. Research has shown that there are benefits children experience from time spent in nature. This session will address research that addresses the importance of incorporating nature into our play grounds and classrooms, as well as provide strategies teachers may use to connect children to nature. **Target Audience:** Teachers/Caregivers, **Session Content Specific to:** 3-5 years

Tim Burbank, Masters in Early Childhood Special Education, Assistant Director, Milestones Services, Inc., Conway, AR

Caring for Staff so they can Care for Families-Staff Morale

Lafayette, Marriott, Ballroom Level

Creating and maintaining a positive work environment that supports self-care, play in the lives of adults, and positive reinforcement, so that staff can support the same in the lives of children and families.

Target Audience: Management

David Doan, B.A. in Psychology, Health/Disabilities/Safety Coordinator, La Clinica de Familia Early Head Start, Las Cruces, NM

Tricia Heffelfinger, M.A. in Ed. and Psych., B.A. in ECED, Program Director, La Clinica de Familia Early Head Start, Las Cruces, NM

10 Commandments of Onboarding

Pope, Statehouse Convention Center, Lower Level

Onboarding is the process by which new hires get adjusted to the social and performance aspects of their jobs quickly and smoothly, and learn the attitudes, knowledge, and skills required to function effectively within an organization. Onboarding encompasses activities from pre-program year through the end of the organization's first year. Onboarding is the perfect concept to use when introducing Head Start concepts to new staff. **Target Audience:** Parents*Management*Family Advocate, **Session Content Specific to:** Birth to 3*3-5 years

Yvette Dobbs, M.A.-Educational Administration, B.A.-Political Science, Family Development Credential Trainer, Managing Partner, J. Walker Enterprises, New Orleans, LA

Through the Hearts of Teachers Build the Minds of Children (Continued at 2:30 pm)

Izard, Statehouse Convention Center, Lower Level

This presentation will address and reflect on challenges that teachers face today and explore strategies that will keep their focus on children. This presentation will address core values, leadership models and interactions that will keep teachers engaged in building the minds of children. **Target Audience:** Teachers/Caregivers*Management, **Session Content Specific to:** Birth to 3*3-5 years

Steven Erwin, B.A. Child Development, National Early Childhood Specialist, Kaplan Early Learning Company, Chico, CA

DRS

Miller, Statehouse Convention Center, Lower Level

DRS strikes fear in the hearts of EHS/HS administrators. It's time consuming, expensive and hard on your reputation. What is DRS? How can you reduce your risk? If that doesn't work, how can you minimize the drain on energy, money and reputation while maximizing your chances of keeping your grant? **Target Audience:** Management, **Session Content Specific to:** Pregnant Women/ Expectant Families*Birth to 3*3-5 years

Julie Weatherington, Master of Human Service Administration and Leadership; Master's Certification in Preschool Education, Training Coordinator and Consultant, Foundations for Families, Great Falls, VA

Everything You Wanted to Know about the Family Service Credentialing Training and More...

Fulton, Statehouse Convention Center, Lower Level

The Family Service Credential is a comprehensive, competency-based training experience, designed to support direct service staff in their work with children and families. The content is structured using four modules and is designed to support staff in the refinement of skills and strategies to incorporate the core values of being family centered, relationship-focused, strengths based, ecological, and reflective. This session will focus on the steps and process you will need to follow in Arkansas in order to receive the Family Service Credential. Family packets and information will be given to all participants who attend. **Target Audience:** Management, **Session Content Specific to:** Birth to 3*3-5 Years

Jacqueline Govan, Ed.S. in Educational Leadership, M.S.E. in Educ. Admin., B.S.E. in Elementary/Special Educ., Director, AR Head Start Association/Head Start State Collaboration Office, Little Rock, AR

Jamie Ward, M.S. - Reading, B.S. - Early Education, Owner, Curricula Concepts, Inc., Conway, AR

Breakout Sessions, Wednesday, August 30, 2017, 2:30 pm-4:00 pm

Environmental Health and Safety

Ouachita, Marriott, Level 1

This presentation is for directors, managers/specialists, teachers and parents on how the new Head Start Program Performance Standards (HSPPS) have improved and empowered programs to provide optimum health and safety environments through specified staff-child ratios, maintaining facilities, operating two or more groups within a confined area, specific safety trainings, criminal record checks including consultants, disaster preparedness and maintaining previous regulations i.e., medication, indoor/outdoor square footage to name a few. And how to prevent complacent attitudes and maintain accountability.

Target Audience: Teachers/Caregivers*Parents*Management*Family Advocate, **Session Content Specific to:** Birth to 3*3-5 years

Freda M. Carter, M.S., HS/EHS Consultant, Back 2 Basics Educational Consulting Services, Madison, NC

The Impact of Alcohol on Children

Neosho, Marriott, Level 1

Maternal substance use impacts both the family and child, and diagnosis and treatment are critical to healthy child development. Attendees will learn about the range of effects that can occur in an individual whose mother drank alcohol during pregnancy (known as Fetal Alcohol Spectrum Disorders), including screening and diagnosis of this preventable birth defect. Participants will also discover classroom and in-home interventions designed to best support children diagnosed and their families.

Target Audience: Teachers/Caregivers*Parents*Family Advocate, **Session Content Specific to:** Pregnant Women/ Expectant Families*Birth to 3*3-5 years

Angie Kyzer, Bachelor of Arts in Psychology, Research Associate, University of Arkansas for Medical Sciences, Little Rock, AR

Parenting with Purpose

Grampas, Marriott, Level 2

Zero to Three has developed a series of trainings called Parenting with Purpose designed for both families and caregivers. These trainings are highly interactive and promote positive and healthy strategies that can be used in the home or classroom. Visit our interactive session and see how Parenting with Purpose can be implemented in your program!

Target Audience: Teachers/Caregivers*Parents*Management*Family Advocate, **Session Content Specific to:** Pregnant Women/ Expectant Families*Birth to 3*3-5 years

Jamie Ward, M.S. - Reading, B.S. - Early Education, Owner, Curricula Concepts, Inc., Conway, AR

A look at Arkansas: Early Head Start-Child Care Partnership (EHS-CCP)

Chicot, Marriott Level 2

This session will take a look at how Arkansas has approached EHS-CCP, through the eyes of the Child Care Development Fund. We will review the Division of Child Care and Early Childhood Education's guidelines and processes, and explore lessons learned.

Target Audience: Teachers/Caregivers*Management

Brandy Ishmon, Infant Toddler Coordinator, Department of Human Services- Division of Child Care and Early Childhood Education, Little Rock, AR

Relationships + Routines + Play = Infant-Toddler Teaching

Hoffman, Marriott, Ballroom Level

Teri Patrick, M.Ed. ECSE, Research Associate, University of Arkansas for Medical Sciences, Little Rock, AR

School Readiness-Working with Schools

Manning, Marriott, Ballroom Level

This session is designed to clearly define, identify and incorporate the key components of School Readiness-Working with schools to ensure a successful transition for children and families to Head Start and or public schools. All participants, Head Start affiliates or non-members, shall be equipped with the essentials to better accommodate and serve our children and families to optimize with high quality children's development and learning. **Target Audience:** Teachers/Caregivers, **Session Content Specific to:** Pregnant Women/ Expectant Families

Anitra Williams, B.S. in Psychology, Louisiana Head Start Collaboration Office, Baton Rouge, LA

Connecting Children to Nature (Continued from 8:00 am)

Petit Jean, Marriott, Level 3

Tim Burbank, Masters in Early Childhood Special Education, Assistant Director, Milestones Services, Inc., Conway, AR

Knowing Your What and Your Why: Impact of the Father

Lafayette, Marriott, Ballroom Level

This session will cover the importance of the father in the child's life from Birth throughout life.

Cecil McDonald, Bachelor's Degree in Political Science, Fatherhood Initiative Coordinator, Mississippi County, Arkansas EOC, Blytheville, AR

Robert Ousley, Bachelor's Degree-Social Studies, A.A. in Early Childhood Education, Fatherhood Initiative Coordinator, Mississippi County, Arkansas EOC, Blytheville, AR

The Collaborative Process

Pope, Statehouse Convention Center, Lower Level

This presentation is designed for administrative, supervisory and line-level staff members as well as persons or organizations which depend on the work of partners and collaborations to achieve their individual and/or organizational goals and objectives. Participants will as a result of participating in this session have an understanding of "why" and "how" to build teams and collaborative partners within and outside of their organization. This session begins with the basic concepts of team and team building to a collective understanding of partnerships and collaborations.

Target Audience: Teachers/Caregivers*Management*Family Advocate

Kahree Wahid, M.Ed., Ancillary Certification in Counseling and Parenting, Director, Wahid Consulting, LeCompte, LA

Through the Hearts of Teachers Build the Minds of Children (Continued from 8:00 am)

Izard, Statehouse Convention Center, Lower Level

Steven Erwin, B.A. Child Development, National Early Childhood Specialist, Kaplan Early learning Company, Chico, CA

Early Intervention: Navigating the System

Miller, Statehouse Convention Center, Lower Level

This session will focus on the early intervention system, including identification, referral, plan development, intervention and how/what successful intervention looks like. The rise in sensory issues in early childhood as well as the importance of identifying infant mental health issues will be highlighted. The difference in federal and state definitions of delays will also be discussed and how this could affect your compliance with Head Start Performance Standards.

Target Audience: Teachers/Caregivers*Family Advocate, **Session Content Specific to:** Birth to 3*3-5 years

James Heritage, C.O.O., Little Bitty City Therapeutic Services, Hot Springs, AR

Establishing Excellence as a Standard

Fulton, Statehouse Convention Center, Lower Level

In this fast paced and highly energetic training, Jon focuses on your organization's desire to make fundamental transformations in program design. The central theme will be assisting staff in understanding the need to establish excellence as the standard in early learning programs and thereby establishing the fundamental foundation for true community based impact and organizations sustainability and longevity.

Jon Walker, Bachelor Degree in Business, Owner, J. Walker Enterprises, Missouri City, TX

Breakout Sessions, Thursday, August 31, 2017, 8:30 am-10:00 am

Ayundando a los Padres a integrarse a la escuela

(Helping parents to be integrated into the school)

Grampas, Marriott, Level 2

Esta sesion discutira estrategias para lograr los padres Latinos se integren a la escuela. This session will discuss strategies to facilitate Latino parents integration to the school.

Target Audience: Teachers/Caregivers, **Session Content Specific to:** 3-5 years

Anarella Cellitti, Ph.D., Associate Professor, University of Arkansas at Little Rock, North Little Rock, AR

Improve Teaching with the CLASS Methodology: Use of the myTeachstone system (Repeat from Tuesday, August 29, 2017)

Chicot, Marriott, Level 2

In this session, participants will learn about the myTeachstone system and the CLASS methodology for improving teaching quality so that children achieve more and are better prepared for Kindergarten. The CLASS methodology, along with use of the myTeachstone system, was designed to address the new Head Start Performance Standards (1302.92) to provide coaching and research-based professional development to teachers. **Target Audience:** Management, **Session Content Specific to:** Birth to 3*3-5 Years

Sedra Spano, M.Ed. in Educational Psychology; PK CLASS trainer, Regional Director, Teachstone, Charlottesville, VA
Heather Pillman, M.A., Ed., M.S., Ed., Regional Director, Teachstone, Charlottesville, VA

Think Outside the Sandbox

Petit Jean, Marriott, Level 3

A fun hands on comprehensive workshop discussing playground safety and developmentally appropriate outdoor activities for children. We will briefly discuss the seventeen different types of play and learning settings, nature related materials, objectives of your outdoor play environment, The Dirty Dozen, eco-therapy, and Seven reasons you should be outside right now.

Target Audience: Teachers/Caregivers*Management, **Session Content Specific to:** Birth to 3*3-5 years

Stuart Sackett, B.A. Elementary Education, Owner and founder, Playgrounds Etc, LLC, Seven Fields, PA

Family Engagement based on the PFCE Framework: Engaging families for success

Lafayette, Marriott Ballroom Level

How does the Head Start Parent, Family, and Community Engagement Framework define family engagement? How can you comply with the framework and support children and families be successful? The session will answer these questions and examine a researched-based family assessment tool based on the Framework. Participants will discover how to engage families in respectful, productive conversations while supporting early childhood educators and promoting positive family outcomes. The tool also allows for a systematic assessment of the constructs defined by the Framework and allow easy reporting by families or agency.

Target Audience: Teachers/Caregivers*Management*Family Advocate, **Session Content Specific to:** Birth to 3*3-5 years

Leanne Whiteside-Mansell, Ed.D., Professor, UAMS, Little Rock, AR